

CREDENTIALS

- ◆ Masters Degree in Marriage & Family Therapy (MFT)
- ◆ Certified in Emotional Intelligence
- ◆ Creator of over 10 Personality Assessments
- ◆ 15 year Therapy & Coaching Provider

- ◆ Dating Consultant
- ◆ Dating Preparation Strategist
- ◆ Emotional Intelligence Trainer
- ◆ Workshop Facilitator
- ◆ Personal Development Curriculum Developer

PROFESSIONAL
EXPERTISE



DATING STRATEGIST | SPEAKER | AUTHOR

SPEAKING TOPICS

#U1ST: THE UNPACKING

THIS RIVETING TALK RAISES THE AWARENESS OF AUDIENCES AND HELPS THEM BETTER UNDERSTAND THE BENEFITS OF HANDLING THEIR MENTAL AND EMOTIONAL BAGGAGE IN PREPARATION OF HEALTHY DATING THAT DOESN'T HURT.

DATING DETOX

THIS INTERACTIVE EVENT HELPS SINGLE WOMEN WHO'VE BEEN CAREER-DRIVEN, MARRIED AND DIVORCED, OR CHRONICALLY SINGLE TO CREATE A ROBUST AND HEALTHY DATING LIFE.

CUSTOM TOPIC

REQUEST A CUSTOM DATING, ONLINE DATING, RELATIONSHIP OR EMOTIONAL WELLNESS PRESENTATION TAILORED TO YOUR GROUP'S NEEDS.

LET'S
CONNECT!!



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